SLAC ES&H Pre-Approved Ergonomic Product List

ABOUT THIS LIST

This product list contains ergonomic products evaluated and approved by SLAC Environmental Safety and Health. Additionally, some of the listed items are available to test in the Ergonomic Showroom at Building 28 in the Occupational Health Center on an appointment basis. Email ergonomics-slac@slac.stanford.edu to schedule the appointment to the showroom.

PURCHASING INFORMATION

Procurement of ergonomic equipment must be approved by your SLAC supervisor. Supervisors are responsible for ensuring purchases are made and funded from their respective department's budget. Work with your Department P-Card administrator to initiate product orders. Much of the listed equipment is available through Amazon or Staples. When equipment is only available through a specific source, it is identified at the bottom of the product display table. Office Master task chairs have specific purchasing information included at the beginning of that section as well as Steelcase chairs and sit/stands. A partial reimbursement of your purchase price is available for the ergonomics equipment in this catalog. For information on this process, go to the Reimbursement Request Form.

TABLE OF CONTENTS

Keyboards

Keyboard: How to select a keyboard

Keyboard length - good fit

Keyboard Length: Ideal fit between the shoulders
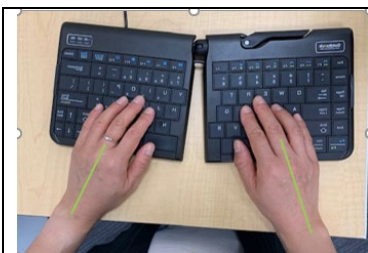
Align letter "B" with center of body

Allows the mouse to be positioned directly next to keyboard

If number pad is essential to work tasks, consider an external number pad. Place the numeric keypad on one side of the keyboard and the mouse on the other side to reduce reach

Keyboard too long

If the keyboard is too long, consider a short keyboard option or place mouse to the left of the keyboard

Wrists straight with adjustable split

Wrists bent towards pinky fingers

Traditional or Split Keyboard?
A split keyboard reduces bending at the wrists toward the pinky fingers

An adjustable split keyboard may also promote more neutral shoulder posture, reducing the likelihood of the shoulders to round forward

Elbows should rest on the body when using a split keyboard. If elbows are held away from the body or if wrists are bent either towards the thumb or pinky fingers, the keyboard split angle may need to be adjusted

Standard Goldtouch V2 Adjustable Keyboard

- Full-size keyboard with adjustable split design assists in reducing outward bent wrists while keeping elbows close to body.
- Compact design allows for closer mousing
- **Dimensions**: 16.25" W x 6.75" D x 1.25" H
- **Weight**: 2 lbs., 3.4 oz.
- **Color**: Black
- MAC/PC compatible (Windows 8, 7, Vista, XP, 2000, Mac OS 10.4 by USB)

Manufacturer SKU: **GTU-0088**

Goldtouch Go! 2 Wireless Keyboard

- Mobile keyboard with adjustable split design with low profile keys assists in reducing outward bent wrists while keeping elbows close to body when using a mouse
- Keyboard folds in half to easily fit in briefcase or backpack
- **Dimensions**: 13.5"W x 0.9"H x 6"D
- **Weight**: 1.1 lbs.
- **Color**: Black
- **Wireless USB Connection**: Windows 2000 and newer, Mac OS 10.4 and newer

Manufacturer SKU: **GTP-0044W**

Kinesis Freestyle 2 Split Keyboard

- Split adjustable keyboard design
- Up to 9" of separation to allow for more neutral wrists and shoulders
- Compact design allows for closer mousing
- 15.375"(W) x 7.25"(D) x 1.125"(H)
- Weight: 2 lbs.
- Wired
- No number pad
- Accessories sold separately

Manufacturer SKU: **KB800PB-US** (PC/Linux Version)
Manufacturer SKU: **KB800HMB-US** (MAC version)

Kinesis Freestyle V3 Accessory

- Alternates the slope of the keyboard from 5°, 10°, and 15°
    - Max Height for 5°: 1.875"
    - Max Height for 10°: 2.5"
    - Max Height for 15°: 3.125"
- Requires Kinesis Freestyle2 Split Keyboard to operate
- **Keyboard not included**
- Not compatible with Mechanical Switch Freestyle2 Keyboard

Manufacturer SKU: **AC730-BLK** (Compatible with both PC and Mac Version keyboards)

Kinesis Freestyle VIP3 Accessory

- Alternates the slope of the keyboard from 5°, 10°, and 15°
    - Max Height for 5°: 1.5"
    - Max Height for 10°: 2.125"
    - Max Height for 15°: 2.875"
- Requires Kinesis Freestyle2 Split keyboard to operate
- Keyboard not included
- Not compatible with mechanical switch freestyle2 keyboard

Manufacturer SKU: **AC820-BLK** (compatible with both PC and Mac Version keyboards)

Evoluent Compact Keyboard

- Compact keyboard that allows the mouse to be positioned close to the body to reduce reaching
- No number pad
- Soft-touch keys
- **USB**: PC, Mac, Linux
- **Dimensions**: 12.9" W x 6.7"D x 0.7" H

Manufacturer SKU: **EKB (Wired)**

Evoluent Essentials Reduced Reach Right-Hand Keyboard

- Numeric keypad is positioned on the left side of the keyboard to allow the mouse to be positioned close to the body and reduce reaching
- Soft-touch keys

Manufacturer SKU: **R3K**

Apple Magic Keyboard

- Compact keyboard reduces mouse distance, minimizing awkward shoulder postures
- Compatible with Mac or iPad; Bluetooth

Manufacturer Item Number: **MLA22LL/A**

Logitech K380 Multi-Device Bluetooth Compact Keyboard

- Compact design allows for closer mousing
- Windows and Mac compatible
- Easy switch: connect up to 3 devices simultaneously and switch between them at the touch of a button
- Wireless range = 10 meters

Manufacturer SKU: **920-007558**

Number Pads

Foloda Wireless Number Keypad

- 3.74"(W) x 5.31"(L) x 0.99"(H)
- Additional keys (Tab, Esc, Backspace)
- Windows compatible
- Wireless with USB

Amazon ASIN number: **B07RZZMV62**

Kinesis Low-Force Numeric 10-keypad

- **Requires Kinesis Freestyle2 Split Keyboard to operate**
- 3.75"(W) x 6"(D) x 1.25"(H)
- Weight: 1 lbs.
- Cable Length: 6 ft.
- 3 additional keys (Tab, Backspace, and Equals)
- Embedded hot keys (Cut, Copy, and Paste)
- Windows compatible

Manufacturer SKU: **AC210USB-BLK** (PC/Linux Version)

Note: this keypad is compatible with Freestyle 2 MAC version keyboard with limited functionalities

Macally Numeric Keypad

- Mac compatible
- Wireless and Bluetooth
- Compact and slim design

Manufacturer SKU: **BTNUMKEY22**

Mice

Mouse: How to measure hand to select a mouse

Measure from base of palm to tip of 3ʳᵈ finger.

If Less than 7" – small/average size mouse

If Larger than 7" – large size mouse

Apple Magic Touchpad

- Reduces excessive movements in shoulder, arm and wrist that may occur with mousing
- Light touch eliminates excessive "clicking" when mousing, reducing repetitive stress to fingers
- Eliminates gripping
- Ambidextrous
- Mac only, Bluetooth connection
- Item # MJ2R2LL

Manufacturer Item Number: **MJ2R2LL**

Goldtouch Semi-Vertical Mouse

- Angled 66° to allow for more neutral wrist/hand
- Detachable flange to support the palm
- Suitable for average to large-sized hands
- NOTE: right hand us only
- Adjustable weight options
- Wired or wireless

Manufacturer SKU**: KOV-GSV-RMW**– right hand, wireless
KOV-GSV-RM – right hand, wired
KOV-GSV-LMW – left hand, wireless

Newtral 3 Mouse

- Angled 66º to allow for more neutral wrist/hand
- Two grip options: precision grip and ergo-grip (attachment flange).
- Note: one-sided use only
- Mac and Windows compatible
- 6 programmable buttons
- Accommodates hands up to 7" (small to average sized hands)

Manufacturer SKU: **KOV-N300BCM** – right hand, wired, medium sized
KOV-N300BWM- right hand, wireless, medium sized
KOV-N300BWL- right hand, wireless, large sized
KOV-N300BWM-L – left hand, wireless, medium

Evoluent Vertical Mouse

- Mouse in an upright, neutral position, reducing inward twisting of forearm/rotating of wrist
- Promotes arm and shoulder movement, instead of extensive wrist movement
- Windows, Mac, and Linux compatible
- Note: one-sided use only
- ***Small version for hands less than 7 inches from tip to middle finger to wrist crease (base of palm)***
- **Dimensions:** 3.6" W x 3.6" D x 5.4" H
- **USB**: PC, Mac, Linux
- **Weight**: 5.3 oz

Manufacturer SKU: **VM4** (this is the base SKU, select specific model of mouse such as right hand, left hand)
VM4RW – Right Hand, wireless, medium-large
VM4R – Right hand, wired, medium-large
VM4L – Left hand, wired, medium-large
VM4RM – Right hand, wireless, medium-large (MAC compatible)
VM4SW – Right hand, wireless, small- medium
VM4S – Right hand, wired, small- medium

RollerMouse Red by Contour Design

- Ideal for people who still need to use the number pad on their keyboard but want to reduce reaching for the mouse.
- No gripping necessary
- Allows use of both hands for pointing/clicking
- Wired or wireless
- Windows and Mac compatible
- Free 30 day trial available through Contour as an alternative to the SLAC showroom

Kensington Expert Mouse

- Large trackball encourages swiping vs. fine finger manipulation
- Detachable wrist rest
- 5.75"L x 5.0"W x 2.5"H
- Weight: 0.75 lbs.
- PC and Mac compatible
- Suitable for average to large-sized hands

Manufacturer SKU: **K64325**

Logitech MX Anywhere 2S Mouse

- Height x Width x Depth: 3.95 in (100.3 mm) x 2.43 in (61.6 mm) x 1.35 in (34.4 mm)
- Suitable for small hands or as an occasional use travel mouse
- Weight: 3.74 oz (106 g)
- Battery: rechargeable Li-Po (500 mAh) battery.
- Required: Available USB port
- Mac/PC compatible

Manufacturer SKU: **910-005132**

Logitech MX Master 2S Mouse

- Move your mouse cursor across up to three computers and even copy/paste text, images and files from one computer to another
- Tracks on any surface even glass
- Wireless, rechargeable battery
- USB: Windows and Mac compatible
- Speed adaptive scroll wheel
- Suitable for large sized hands

Manufacturer SKU: **901-005142**

Goldtouch Wireless Mouse l Ambidextrous

- Provides support for both Left-handed and Right-handed use
- USB Transceiver
- 4.5"L x 2.5"W x 1.25"H
- Windows and Mac compatible
- Suitable for small to average sized hand

Manufacturer SKU: **KOV-GTM-100W**

Kensington Pro-fit Wired and Wireless Full-Size Mouse
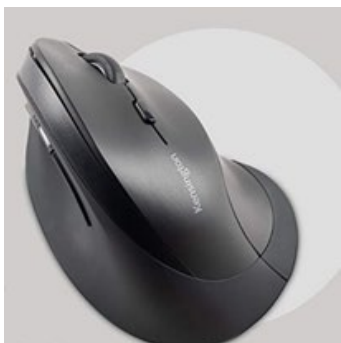
- Ergonomic, right-handed shape with soft rubber grip
- Pointer speed quick-select button
- Forward/back buttons
- High definition optical sensor (up to 2400 DPI) for responsive control
- Nano wireless USB receiver stores inside
- 4.7"L x 3.1"W x 1.25"H
- Weight: 4.7 oz.
- PC and Mac compatible
- Suitable for average to large sized hand

Manufacturer SKU: **K72369EU (wired)**
Manufacturer SKU: **K72370EU (wireless)**

Kensington Vertical Mouse

- Mouse in an upright, neutral position
- Wireless
- Note: right-handed use only
- Suitable for small to average-sized hands
- Windows and Mac compatible
- Model: K75575WW

Manufacturer SKU: **K75575WW**

Logitech M510 Mouse

- Wireless, with USB
- Suitable for average-sized hands
- Can be used with left or right hand
- Windows and Mac compatible
- [Unifying receiver](#) USB allows up to 5 other Logitech devices to be connected at the same time, using a single receiver

Manufacturer SKU: **910-006030**

Goldtouch Comfort Mouse

- Angled 24º to allow for more neutral wrist/hand
- Over-sized buttons
- Note: one-sided use only
- Accommodates hands up to 7.25" (average to large-sized hands)

Manufacturer SKU: **KOV-GTM-R**, right hand, wired
KOV-GTM-B, right hand, Bluetooth wireless
KOV-GTM-L, left hand, wired

Apple Magic Trackpad 2

- Reduces excessive movements in shoulder, arm and wrist that may occur with mousing
- Light touch eliminates excessive "clicking" when mousing, reducing repetitive stress to fingers
- Eliminates gripping
- Ambidextrous
- Mac only, Bluetooth connection

Manufacturer Item Number: **MJ2R2LL**

Palm Supports

Goldtouch SlimLine Wrist Cushion

- 16"W x 3"D x 0.39"H
- Low profile design ideal for short keyboards
- Reduces contact stress at the wrist
- Note: Do not rest wrists on product while actively typing.
- Item # GT8-0017

Manufacturer SKU: **GT8-0017**

Goldtouch Wrist Rest for Split Keyboards

- Reduces contract stress at the wrist
- Note: Do not rest wrists on the rest while actively typing
- Available on Amazon

Manufacturer SKU: **GT7-0017**

Goldtouch SlimLine Mouse Pad

- Stress-dispersing gel cushions your hand against hard surfaces
- The black Lycra cover provides a precise mousing experience.
- Great for people using today's thinner or mini keyboards, as it helps maintain a consistent product height as well as the overall flow of your workspace.

Manufacturer SKU: **GT9-0017**, right hand
GT9-0017L, left hand

Kensington Wrist Rest for Slim Keyboard

- Reduces contact stress at the wrist.
- Pairs with slim or compact keyboards
- Note: Do not rest wrists on product while actively typing.

Manufacturer SKU: **K52801WW**

Apple Magic Mouse Fixed

- Provides increased hand support
- Ambidextrous
- Attaches to an Apple Magic Mouse

Order at **https://mmfixed.com/**

Mouse Slider

- Reduces wrist dropping (extension) by providing larger surface area for neutral hand posture.
- Attaches to a standard PC mouse to allow a neutral mousing position.
- Ambidextrous

Contact Kurt Nunn at kurt@cubesolutions.net to purchase

Monitor Accessories

3M Anti-Glare Screen

- Reduces glare on screen.
- Options available for laptop screens, tablet screens and monitors
- Link for 24" here
- Other sizes available
- Measure your screen diagonally to find the appropriate size

Compatibility Guide : https://selector.3m.net/en_US/s

3M Adjustable Height Monitor Stand

- Allows the monitor to be elevated to seated eye height.
- Raises monitor from 1" to 5 7/8"
- Weight capacity of 80 lbs.
- 15"W x 12"D x 5.875"H
- The legs of the stand are composed of individual blocks that can be removed to adjust the height.

Manufacturer SKU: **MS90B**

Goldtouch Go Laptop Stand

- Reduces downward head posture (flexion) caused by laptop screen positioned too low.
- Places laptop at a comfortable height to reduce neck strain
- Accommodates laptops up to 17"
- Weighs 1 pound
- Item # KOV-GTLS-0055

Manufacturer SKU: **KOV-GTLS-0055**

Nexstand Travel Laptop Stand

- Reduces neck forward bending (flexion) caused by laptop screen positioned too low.
- Height adjustable from 5.5" to 12.6"
- Non-skid rubber feet prevent movement
- Weight: 8 oz.
- Laptop Compatibility: Laptops 11.6" or greater with front edge less than 0.75" thick and weighing less than 20 lbs.

Amazon ASIN number: **B01HHYQBB8**

Grandstands Academy 15 Monitor Arm

- Allows for closer monitor to user distance without losing excessive desk space from monitor stands
- Ease of height and distance adjustability is convenient for multiuser workstations
- Clamp and grommet clamp standard; wall mount available
- Supports monitors weighing 0 – 20 lbs
- 15" vertical height range, 23.6" front to back distance, compacts to 4"
- Tilt adjustments 15°
- Swivels landscape to portrait
- Equipped with industry standard VESA mount
- Lifetime warranty
- Color Silver (–S) and Black (-B)
- **Monitors not included**

Manufacturer SKU: ACE20-S, **To order, contact Chris Lowe at clowe@intellifactors.com**

Grandstands Academy 20 Monitor Arm

- Allows for closer monitor to user distance without losing excessive desk space from monitor stands
- Ease of height and distance adjustability is convenient for multiuser workstations
- Clamp and grommet clamp standard; wall mount available
- Supports monitors weighing 0 – 30 lbs
- 20" vertical height range, 27.5" front to back distance, compacts to 4"
- Tilt adjustments 15°
- Swivels landscape to portrait

- Equipped with industry standard VESA mount
- Lifetime warranty
- Color Silver (–S) and Black (-B)
- **Monitors not included**

Manufacturer SKU: ACE20-S, **To order, contact Chris Lowe at clowe@intellifactors.com**

Workstation Accessories

Kensington SoleMate Footrest

- Ideal when feet do not touch the floor when seated
- Position at an angle or flat' height adjustable
- **Not for standing on or for use as a step up device.**
  - 3 ½ - 5 " high
  - 20" wide x 14" deep

Manufacturer SKU: **K56144USF**

Anti-Fatigue Notrax 974 Ergo Mat Grande

- Available thru Grainger
- Heavy-duty corrugated ribbed top surface combined with a dense closed cell PVC foam base
- Safety bevel on all sides for ease of cart traffic
- Corrugated ribbed texture provides traction
- Reduces back and lower body fatigue while standing on it
- Typically used in conjunction with a Sit-Stand workstation
- Recommend the mat with a smaller footprint (24" x 36")
- **Avoid rolling chairs over mat**

Manufacturer SKU: **974S0023BLRS**

BackBone Office Cushion

- Distributes pressure away from the spine engaging core muscles
- Provides contoured back support
- Environmentally friendly, latex-free foam
- 100% black cotton canvas cover
- Adjustable strap holds cushion in place
- Diagonal strap easy to slip over top of chair
- 12"W x 2."D x 18"H

Manufacturer SKU: **3043713**

3M In-Line Document Stand

- Props up documents
- Position documents between keyboard and monitor
- Height and tilt adjustable

Manufacturer Part Number: **MMMDH630**

Logitech C920 HD Pro Webcam

- Full HD 1080p video calling and recording
- Stereo audio with dual mics
- HD lighting adjustment and autofocus

Manufacturer Part Number: **960-001257**

Jabra Evolve 75 Noise-Cancelling Headset

- Designed for open office environments
- Wireless
- Noise cancelling
- Compatible with PC, smartphone, tablet or any other personal device

Manufacturer Item Model Number: **100-98510000-02**

Logitech H390 USB Wired Headset

- USB Computer Headset
- Noise cancelling mic
- In-line controls

Manufacturer Item Number: **981-000014**

Plantronics CS500 Wireless Headset System

- Eliminate awkward neck and shoulder postures when on the phone for frequent or long duration calls
- Reduces reaching when using handset lifter accessory
- Wireless communication range of 300'
- Convertible over-the-ear or over-the-head options
- Eight hour talk time
- Plantronics Compatibility Guide: https://www.plantronics.com/us/en/support/compatibility-guide

Manufacturer SKU: **88283-01**

Keyboard Trays

Workrite Standard Classic Platform and Pinnacle 2 Adjustable Budget Arm

- Height-adjustable keyboard tray with removable palm support.
- *Options:*
- Pinnacle 2 Arm with 17" or 22" low-profile ball-bearing track
- Requires 17" or 22" of unobstructed under-table depth and 25" – 33" width clearance (for other options, contact EH&S)

Manufacturer SKU**: (2191-17) 17" track**
Manufacturer SKU**: (2191-22) 22" track**

Grandstands EasyLift Trackless Keyboard Arm

- Only 9 3/8" of undersurface space required for tray to fully retract.
- Adjusts between +10˚ to -15˚ tilt.
- Total height adjustment of 5.73"

Manufacturer Item Number: 23475-TL, **To order, contact Chris Lowe at clowe@intellifactors.com**

Grandstands Standard Keyboard Platform

- 27" x 10" Extended Keyboard Platform

Manufacturer Item Number: 15890-1, **To order, contact Chris Lowe at clowe@intellifactors.com**

Grandstands Keyboard Platform – Compatible with RollerMouse

20" x 12" Rollermouse Platform
- Extra deep for use with RollerMouse and specialty keyboards
- Made of durable ¼" thin material

Manufacturer Item Number: **15812-VESA, To order, contact Chris Lowe at clowe@intellifactors.com**
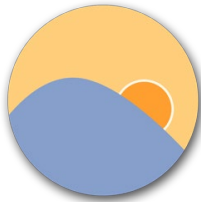
Workrite Corner Rectangle

- Converts 90 degree corners and corners with keyboard cutouts to usable diagonal corners
- Works with all Workrite keyboard arms
- Dimensions: 26"W x 15"D x1.5"H

Software

F.lux

- Filters out blue light wave emission from your screen
- Free download from https://justgetflux.com/

RSI Guard

- Automatic clicking
- Ergonomic reminder messages
- Hot keys and keyboard re-mapping
- Rest break reminders
- Video stretches
- Microbreaks

Order directly from http://rsiguard.remedyinteractive.com/

Time Out

- Rest break reminder software for Mac

Free download from http://www.macupdate.com/app/mac/12293/time-out

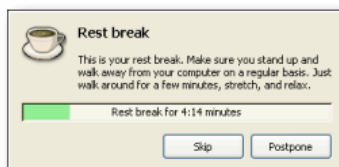## Stand Up! The Work Break Timer (Apple Only)

- Stand up reminder software for MAC

Work Rave

- Rest break reminder software for PC

Free download from http://www.workrave.org/

Free Built-in PC Dictation Software

Windows 7, 8 and 10 all have free speech to text software that is built-in to the operating system. You can find it by searching for "Windows Speech Recognition" in the search menu of your version of Windows. It can be used with a headset, a USB mic or with the microphone that is built-in to your computer.

More information can be found here:

- [Setting up your Microphone and Testing your Microphone](#)
- [Using Dictation](#)
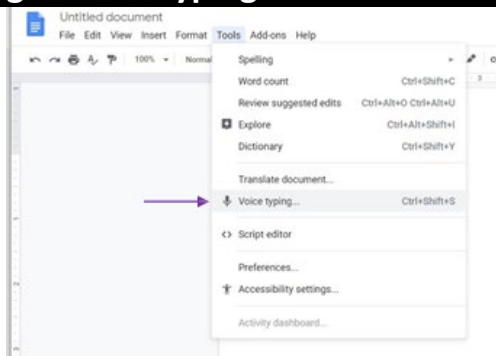- [Common speech recognition commands](#)

Free Built-in Mac Dictation Software

Built-in speech to text software that Apple includes with all of its computers. Enable it by going to System Preferences and clicking on Dictation. If your Mac has a built-in microphone, you can use that, otherwise, dictation works well with USB microphones too. For a better experience, check the box next to **Use Enhanced Dictation**. This allows you to use speech to text on your Mac without an internet connection, and will ensure the text appears in real-time as you speak.

- [Setting up and how to use dictation](#)

Google Voice Typing

- Use your voice to dictate documents or enter text in Google Forms, Docs, Sheets, etc.
- Activate by Ctrl+Shift+S or through Tools menu

Goldtouch Easylift Sit/Stand Desk Converter

Sit-to-stand desk converter with height adjustable keyboard tray.

Specifications:

- Desk top length: **35"**
- Desk top width: **24"**
- Height of desk at lowest point: **5"**
- Height of desk at highest point: **19"**
- Height from base of EasyLift Desk to top of keyboard tray: **15"**
- Height from keyboard tray to top of EasyLift Desk: **4"**
- Length of keyboard tray: **27"**
- Keyboard tray height range: **5.75"**
- Keyboard tray tilt range: **+/- 15 degrees of tilt adjustment**
- Keyboard tray extension: **6.9"**

Additional Resources:
Click here for EasyLift Desk Manual.
Click here for EasyLift Desk Brochure.
Click here for EasyLift Desk Data Sheet.
Click here for EasyLift Spec Sheet.

Home Office Furniture

Chairs

Note: Chairs below are best suited for use 1-2 days/week

Clantina Chair

- Suitable for average to tall height users
- Adjustable seat height and depth, armrest height and angle, lumbar support height, backrest tilt angle and tilt tension
- Supports up to 275lbs
- 5 yr. warranty
- Available with fabric or mesh backrest

Order on Amazon **here**

HON Task Chair

- Suitable for tall users
- Adjustable seat height, lumbar support, and armrest height
- Supports up to 350lbs
- Limited 3 yr. warranty

Manufacture Item Number: **BSXVST141**

Staples Carder Mesh Back Chair

- Suitable for petite to average height users
- Adjustable seat height, lumbar support, armrest height, backrest angle
- Supports up to 275lbs
- Limited 7 yr. warranty

Order from Staples **here**

Desk

IKEA Bekant Fixed Height Desk

- Set desk height without keyboard tray at approximately navel height when seated (desk height can be set between 25"-33" during assembly)

Available at IKEA (different sizes available):
- 47 ¼ x 31 ½"
- 63 x 31 ½"

Keyboard Tray / Keyboard Tray Alternatives

Clamp on Keyboard Tray

- Will fit most desks that are wider than 33 inches and have a thickness of 1.5 inches or less
- Tray will NOT work with beveled-edge desks. Tray will hang 6 inches below the surface of your desk and is not height adjustable

Order from Amazon **here**

LapGear Ergo Pro Lap Desk

- Can be used as a keyboard tray alternative to place keyboard and mouse in the lap
- Work for short durations on the laptop with the screen height raised and with use of external mouse

Manufacture Item Model Number: **49408**

Seville Classics Mobile Laptop Cart (Flat 23.6")

- Keyboard tray alternative height-adjustable table - adjustable from 20.5"-33"
- Place keyboard and mouse on table adjusted to approximately navel height
- Place monitor or laptop on riser on secure desk or table

Manufacture Item Model Number: **OFF65855**

Note: Refer to UIT equipment recommendations for docking stations, power adaptors, monitors, standard keyboards and mice, laptop locks, and other workstation accessories.

Office Master Task Chairs

Office Master Chair Ordering Instructions

Please email: ergonomics-slac@slac.stanford.edu **to request a quote for a chair.** In your email, specify the name and email address of the user, the shipping address for the chair, the height of the user, the chair model, and armrest model. If the chair will be used on hard flooring only, please specify soft casters are needed. Chairs delivered on-site will arrive assembled.

The Ergonomics team will submit a request for a quote to our vendor, Cube Solutions. Cube Solutions will provide a quote via email within a few business days. Once you place your order with Cube Solutions, the **estimated lead time is 5-7 weeks** due to global shipping delays.

Chair Adjustment Instructional Videos

Below are instructional chair adjustment videos for the OfficeMaster PT, DB, YS, and Truly series chairs. Please note that the OfficeMaster PT and DB series chairs have the same lever adjustments, so the PT adjustment video can be applied to adjusting DB chairs as well.

Video Tutorial for OM PT and DB series chairs

Video Tutorial for OfficeMaster YS series chair

Video Tutorial for OfficeMaster Truly chair

General Features of Chairs: Pneumatic lift, Tilting backrest, EZ Back height adjustment, Seat tilting, Seat depth adjustment with a 12 warranty.

Office Master YES YS88 Task Chair

Ordering Specs:
- CYL-5 Standard Cylinder**
- CAS-REG
- Standard Seat
- KR-465 Arm Rests**
- Upholstery Celestial-Oberon*
- Delivery Assembled
  (Verify/Arrange with Supplier to have the chair assembled before shipped)

  NOTE: Arms are typically sold separately

Features and Dimensions:
- Overall width – 26.5"
- Overall height – 40-48"
- Back – 19"w
- Seat – 20.5"w
- Seat height – 17-22"
- Frame and Base – Black
- Supports up to 300 lbs.
- Pneumatic lift
- Tilting backrest
- Back height adjustment
- Tilting and Sliding seat

Office Master PT74 Task Chair

Adjustment Features:
- CYL-5 Standard Cylinder**
- CAS-REG
- Standard Seat
- KR-465 Arm Rests**
- Upholstery Celestial-Oberon*
- Delivery Assembled
(Verify/Arrange with Supplier to have the chair assembled before shipped)

NOTE: Arms are typically sold separately

Features and Dimensions:
- Overall width – 25"
- Overall height – 34-44"
- Back – 17"w
- Seat – 20"w
- Seat height – 17-22"
- Upholstery – Fabric, Black
- Frame and Base – Black
- Supports up to 300 lbs.

Office Master PT78 Task Chair

Adjustment Features:
- CYL-5 Standard Cylinder**
- CAS-REG
- Standard Seat
- KR-465 Arm Rests **
- Upholstery Celestial-Oberon*
- Delivery Assembled
(Verify/Arrange with Supplier to have the chair assembled before shipped)

NOTE: Arms are typically sold separately

Features and Dimensions:
- Overall width – 26"
- Overall height – 37.5-46.5"
- Back – 19.5"w
- Seat – 21"w
- Seat height – 17-22"
- Upholstery – Fabric, Black
- Frame and Base – Black
- Supports up to 300 lbs.

Office Master DB53 Task Chair

Adjustment Features:
- CYL-5 Standard Cylinder**
- CAS-REG
- Standard Seat
- KR-465 Arm Rests **
- Upholstery Celestial-Oberon*
- Delivery Assembled
(Verify/Arrange with Supplier to have the chair assembled before shipped)

NOTE: Arms are typically sold separately

Features and Dimensions:
- Overall width – 24"
- Overall height – 35-43"
- Back – 8 and 16"w
- Seat – 20"w
- Seat height – 16-21"
- Upholstery – Fabric, Black
- Frame and Base – Black
- Wheels – for carpet
- Supports up to 250 lbs.
- Pneumatic lift
- Tilting backrest
- Back height adjustment
- Tilting and sliding seat

Office Master PT69 Paramount Series Task Chair

Adjustment Features:
- CYL-4 Short Cylinder**
- CAS-REG
- Standard Seat
- KR-465 Arm Rests **
- Upholstery Celestial-Oberon*
- Delivery Assembled
  (Verify/Arrange with Supplier to have the chair assembled before shipped)

NOTE: Arms are typically sold separately

Features and Dimensions:
- Petite w/ high back
- Back – 17"w x 22"h
- Seat – 19"w
- Seat height – 15-19"
- Upholstery – Fabric Black,
- Frame and Base, Black
- Wheels – for carpet
- Supports up to 300 lbs.

Office Master DB74 Discovery Back Task Chair

Adjustment Features:
- CYL-5 Standard Cylinder**
- CAS-REG
- Standard Seat
- KR-465 Arm Rests **
- Upholstery Celestial-Oberon*
- Delivery Assembled
  (Verify/Arrange with Supplier to have the chair assembled before shipped)

NOTE: Arms are typically sold separately

Features and Dimensions:
- Large, high back additional option
- Back – 17"w x 22"h
- Seat – 19"w
- Seat height – 17.5-22.5"
- Upholstery – Fabric Black,
- Frame and Base, Black
- Wheels – for carpet
- Supports up to 300 lbs.

Office Master MX84IU Maxwell Large-Tall 24/7 Intensive Use Task Chair

Adjustment Features:
- CYL-6 Tall Cylinder**
- CAS-Dual-tone oversized casters
- 24" Seat Cushion
- KR-465 4-Way Arm Rests, **
- Upholstery Celestial-Oberon*
- Delivery Assembled
  (Verify/Arrange with Supplier to have the chair assembled before shipped)

NOTE: Arms are typically sold separately

Features and Dimensions:
- Easy back height adjustment
- Back – 23.5"w x 20"h
- Seat – 24"w
- Seat height – 19-25"
- Upholstery – Fabric Black, Frame and Base, Black
- Supports up to 450 lbs.

Steelcase Task Chairs

To request a Steelcase Leap chair, contact your Business Manager or Business Admin to submit a [Nuvolo Furniture Request](#) (Ergonomic Furniture) on your behalf.

Steelcase Leap Task Chair with Arms

Adjustment Features:
- Pneumatic lift
- Tilting backrest
- Back height adjustment
- Tilting seat
- Sliding seat
- Rocking tilt, tension adjustment
- Adjustable lumbar
- Forward tilting

Specs and Dimensions:
- Overall width – 27"
- Overall height – 38.5 – 43.5"
- Back – 18"w
- Seat – 19.25"w
- Seat height – 15.5-20.5"
- Upholstery – Fabric, Buzz2 Black
- Frame and Base – Black
- Wheels – for carpet
- Supports up to 300 lbs.

Steelcase Leap Task Chair - No Arms

Adjustment Features:
- Pneumatic lift
- Tilting backrest
- Back height adjustment
- Tilting seat
- Sliding seat
- Rocking tilt, tension adjustment
- Adjustable lumbar
- Forward tilting

Specs and Dimensions:
- Overall width – 27"
- Overall height – 38.5-43.5"
- Back – 18"w
- Seat – 19.25"w
- Seat height – 15.5-20.5"
- Upholstery – Fabric, Buzz2 Black
- Frame and Base – Black
- Wheels – for carpet
- Supports up to 300 lbs.

Height Adjustable Desk

To request an Ology Height Adjustable Table (HAT), contact your Business Manager or Business Admin to submit a Nuvolo Furniture Request (Ergonomic Furniture) on your behalf.

Ology Height Adjustable Desk

Adjustment Features:
- Electrical height adjustability, simple touch control
- Basic height adjustable base adjusts from 27" to 46"
- Extended height adjust base adjusts from 22" to 48"

Note: Longer electrical and computer cables may be required at standing desk height.

Specs and Dimensions:
- Overall width – Varies
- Work Surface Color – Maple
- Base Color – Platinum Metallic
- Electrical – 120V, 60Hz, Single phase, 10% duty cycle. May draw 4 amps maximum under full load, idle current is typically 20mA.